CAMP DIRECTOR PETER TULK

Peter Tulk returned to the Bearcat sidelines for the 2012 season after two years in semi-retirement. Last season he coached all-time points leader Will DeLanoy.

Tulk was named the team’s head coach prior to the 2000 season. He patrolled the sidelines for 10 seasons, posting a record of 63-61. His 2005 team was the most successful in team history, recording an 11-1 record.

A native of Montreal, Quebec, Canada, Coach Tulk is a 1970 graduate of Sir George Williams University. He is a former Canadian pro box player, and has over 25 years as a lacrosse head coach.

NOW FEATUREING
Stick-Trick Competitions
(win prizes nightly) and
Glow-in-the-Dark Lacrosse!

CAMP INSTRUCTORS

The Saint Vincent College Boys Lacrosse camp is staffed by experienced, knowledgeable, and professional men from all levels of the sport. In addition to the entire Bearcat coaching staff, numerous members of the current Bearcat lacrosse team, as well as alums, will work diligently with players at the camp of all ages and skill levels. The Saint Vincent Boys Lacrosse Camp has been a who’s who of coaches and players throughout its history, including:

- Rob Van Beek, Calgary Roughnecks (National Lacrosse League)
- Adam Smith, Coach, British Columbia U-19
- Tom Duman, Head Coach, Fox Chapel High School
- Brad Bachman, Head Coach, Easton High School
- Bryan Paule, Former Head Coach, Trine University
- Corey O’Neil, All-American, Salisbury University
- Mike Evans, All-American, Brown University

SAINT VINCENT COLLEGE

Located in the foothills of the scenic Laurel Mountains in southwestern Pennsylvania, Saint Vincent College offers a picturesque setting, combined with top-notch athletic facilities. Campers will have the privilege of staying in spacious, fully air-conditioned dormitories that are just a short walk from the playing fields. The summer home of the six-time Super Bowl champion Pittsburgh Steelers, each and every field at Saint Vincent College is kept in pristine condition, with top-of-the-line drainage. The College also boasts a brand new, artificial turf playing field, used by Bearcat lacrosse in the spring and soccer in the fall, allowing for play even in the wettest of weather. Campers will also have full access to the school’s fitness center, equipped with numerous free weights and machines, as well as ellipticals, treadmills, and exercise bikes. The clean, bright, and spacious Saint Vincent cafeteria offers a full menu of various items, catering to even the pickiest of eaters, while campers are free to relax and cool down in the regulation-sized Frank and Elizabeth Resnik indoor pool.

Saint Vincent College, approximately 35 miles east of the city of Pittsburgh, is easily accessible from all directions. Located on US Route 30, a main east-west thoroughfare, the college is within 20 minutes of three different Pennsylvania Turnpike interchanges, while it is less than 10 miles from Interstate 70.

WHAT TO BRING?

- Pillows and linens for regular twin bed
- Towels
- Swimsuit
- Sun screen
- T-Shirts, Jerseys, Shorts
- Prescription Medications
- Stick, Gloves, Chest Protector, Helmet, Mouthpiece, Jock/Cup, Cleats, Sneakers, Socks
- Throat Guards for Goalie
- A GREAT ATTITUDE!!

A TYPICAL DAY AT CAMP

7:30AM: Wake Up
8:00AM: Breakfast
9:00AM: Morning Session Begins
11:00AM: Morning Session Ends
11:45AM: Lunch
2:00PM: Afternoon Session Begins
4:00PM: Afternoon Session Ends
4:30PM: Dinner
6:30PM: Evening Session Begins
8:30PM: Evening Session Ends

For more information on Saint Vincent Lacrosse, check out the official website at http://athletics.stvincent.edu